#### Spring 2020 Senior Edition

# **Beagles of New England States**

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#### Seamus Update

Seamus continues to do very well and astound everyone with his energy level for a senior dog. Seamus is loving the stay-at-home order due to COVID-19. Our complex is flooded with teens and college kids in need of work so he has an endless supply of dog walkers who all love him very much. He goes out about every two hours for a short walk. He also takes an hour walk through the nearby trails each day. However, he is not a fan of rain and would prefer to not go out on rainy days. He lives with several cats and mostly ignores them unless he feels he can get their food so all in all he is a good dog with cats.

Seamus really craves humans so I try to take him out with me to run errands (not that I get out much these days). Seamus is the best car dog. As soon as you start the car he is asleep.

Seamus has also made some strides making doggy friends. Seamus is not bad with other dogs but he prefers his humans as companions. He will occasionally

go on walks with a friend named Cyrus and they are very cute together.

Something we have learned about Seamus, he is fixated on food – what beagle isn't! We have scheduled treat times and eliminated people food or treats on demand as he gets so worked up he can't settle down. Believe me, he gets plenty of treats!

We are very proud to announce that Seamus has not had an ear infection in 2020! We have worked so hard to clean his ears.... our family is very proud.

Seamus is a very happy senior beagle who shows no signs of slowing down.

- The Grant Family





The Official Newsletter of S.S.B.'s

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Sensational Senior Beagles of New England States

Email Us at ssb@bonesbeagles.org









#### Surviving "Stay at Home" with your dog



These are "interesting" times we're living in! For many of us, our routines are disrupted and we're trying to stay safe by sheltering in place. Our dog's routines have been disrupted as well, but they still need both physical and mental exercise.

Unless you're self-quarantining, taking a walk with your

dog is good exercise for both of you, and if you're home more than usual you probably have extra time for walks. Fresh air is great, especially when you've been cooped up in the house more than usual. Remember social distancing – most dog leashes are 6 feet long so if someone can pet your beagle, they're too close to you!

Besides physical activities, your dog also needs mental activities. There are lots of things you can do with your senior to keep their brain exercised. Learn a new trick! Here's a link to a video of a fun one called "Paws Up" where you teach your dog to put his paws up on a box, a stool, or even your leg. This is something that even a senior can do. <u>https://www.youtube.com/watch?v=pJ1EHGMpFnM</u> The internet is full of videos and articles about teaching your dog tricks, and this extra time at home is a great opportunity to do a little training, even if it's just five or ten minutes a day.

Treat toys, puzzles and other homemade toys are a great way to give your SSB her meals and also keep her occupied. You can buy a variety of treat dispensing toys online, but you can make them at home with things around the house too. Try putting her kibble in a muffin tin and covering the holes with tennis balls or similar items that she has to work to remove in order to get her breakfast. Scatter her kibble around the room and let her search for it. Sprinkle her dinner on a towel and roll or scrunch it up so she has to work to get it. There are lots of ways to stimulate her while giving her meals.

Play games! Fetch is fun if your dog will bring a toy back to you. Try making an obstacle course – have your beagle jump over a rolled up towel or weave through the couch cushions on the floor. Play puppy ping pong – two (or more) people go to opposite sides of the room and take turns calling your dog, rewarding him when he comes. He'll be going back and forth between you like a ping pong ball, having fun and also improving his recall!

Another important thing is to leave them alone sometimes so that they aren't stressed when things go back to normal and you aren't home as much. Teach them that being alone is great by giving them a treat toy or something yummy to eat like a stuffed kong,

then go for a walk or take a drive around the corner and read a book for awhile.

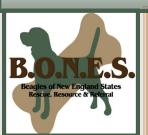
We'll all get through this, and we might even manage to have some fun with our beagles in the process!



-- Sherri Axcell







#### Meet Bella

Bella is a sweet beagle and she has a sweet personality. She bosses around her senior brother Danny, but in a very nice way. We have 4 different dog beds throughout the house and both pups have to be on the same one! If Danny is on the bed Bella wants she will either tap the bed with her paw or give a little "aroo" to get him to move. The funny part is that he will move right away for her!

They go for walks on local trails and when the pups meet up Bella is so happy to see Danny. She acts like they have been apart for weeks, not just an hour!

Randy & Elaine have worked from home 40+ years so this quarantine during working hours isn't a big change for them or their pups.





### Heidi's Spa Day!

Take a look at this gorgeous SSB Heidi. She's hanging out on the bed, as usual during this quarantine, but what she doesn't know is that she's in for a spa day! We are waiting for the mobile nail cutter to come and clean up her nails. After her manicure she will be having a bath.

She had a great day of beauty!







## When I am old and grey



My step may be slower I may not hear as well I may not feel as well

**But**...My love will be the same My devotion will be the same My appreciation will be the same

My heart and soul are grateful For all that you have done and do... When I am old and Grey... -Bridget of Linked Souls



### Those Who Have Crossed the Rainbow Bridge...

I loved you yesterday, I love you still.

> I always have, *I always will.* ~ Author Unknow

Elmo 12/16/2019 Happy 3/29/2020